

EDITORIAL TAKE:
Justice Ketanji Brown
Jackson

THE KENDRICK GAZETTE

Artificial Pancreases:
Ground-breaking Research
for Diabetes Type 1 Patients

-The Student Voice of Kendrick School-

Child Q Case



CODA wins Best Picture

Slapgate: An Oscars Scandal

Editor's Note

Welcome to the sixth issue of our school newspaper. A special thanks to all of our writers for making this a possibility. We could not have done it without you. This symbolises the voice of the student body, so we hope you find something of interest or learn something new. The amazing cover art for this issue was done by Sofia Kar Almazan. Our editorial was written by Kashvi Tyagi and Faith Obum-Uchendu. We as an editorial team are glad we were able to bring this together, and we hope to publish many more issues just like this one.

As the war in Ukraine continues, we will continue to advocate for and support its victims. Below are links you can follow to inform yourself further on the Russia-Ukraine conflict and donate to humanitarian efforts for those affected.

- Arya Kalavath (Editor-in-Chief)

Donate:

<https://donate.redcross.org.uk/appeal/ukraine-crisis-appeal>

<https://british-ukrainianaid.org/>

Contents:

Editorial

Justice Ketanji Brown Jackson: Is the Supreme Court Embracing Diversity?...4

Social Issues and Politics

The Child Q Case6

First MP to come out as trans: Jamie Wallis8

TV Show Recommendations9

Movie Recommendations11

Science and Medicine

Artificial Pancreases14

Affirmations Page16

Entertainment

CODA wins Best Picture.....17

Slapgate: An Oscars Scandal.....18

Book Recommendations20

Song Recommendations22

Interactive

What song should you listen to based on your Enneagram type?24

Entertainments Page30



The Kendrick Gazette Editorial

Justice Ketanji Brown-Jackson: Is the Supreme Court Embracing Diversity?

Definitions:

Congress - the part of the central U.S. government that makes laws.

Ketanji Onyika Brown Jackson is an American lawyer, politician, and judge. Though her high school counsellor advised her not to set her expectations too high, she left the school with the firm statement in her yearbook: "I want to go into law and eventually have a judicial appointment.". According to one of her classmates, she was 'a living legend' within the 1980s high school speech and debate circuit and 'a perennial champion who was not just widely esteemed but truly adored'. After graduating, she went on to become vice chair of the United States Sentencing Commission from 2010-2014, and then became a district judge for District of Columbia from 2013-2021. Approximately one year ago, in March 2021, she was nominated to become the United States Circuit Judge of the United States Court of Appeals for the District of Columbia Circuit. On June 14th 2021, the Senate confirmed her.

This year, in February, she was nominated to become an Associate Justice of the Supreme Court of the United States by US President Joe Biden. Her nomination was confirmed by the US Senate on April 7th, with a 53-47 vote. She is the first Black woman to sit on the Supreme Court, following promises by President Biden "to select an African-American woman to be the first nominee". The significance of this for diversity and representation is comparable for many to when Vice President Kamala Harris came into office.

The Supreme Court is the highest court in the United States, and is the head of the judicial branch of the US Government. There are three of these government branches, laid out in the first three articles of the US Constitution. The other two "departments" are the executive branch (the President) and the legislative branch (Congress). With the power to undo decisions of lower courts, overturn laws that violate the US Constitution, and reverse even the court's own previous decisions, the SCOTUS's decisions impact many people's lives.

The SCOTUS has nine judges, or justices. There is one chief justice, and the remaining eight are associate justices. The US president nominates justices, and the Senate approves them - however, this does not occur too often, as a justice must serve until death or retirement. Justice Ketanji Brown-Jackson was nominated by President Biden to replace Ex-Justice Stephen Breyer, who announced his retirement in earlier this year in January after over 25 years of service.

When the SCOTUS hears a case, they first vote on whether they should take it or not. If the majority accept, then they are obliged to listen to lawyers on both sides.



Justices ask the lawyers questions, but there are no witnesses, and no jury. After hearing the case, the justices meet in private to make a decision. They then explain the reasoning behind the overall decision via an “opinion”. If a justice disagrees with the decision, they can write their own “dissenting opinion”. The US Government publishes all the opinions, which are then used by judges on lower courts to decide their cases.

Justice Brown-Jackson's confirmation to the Supreme Court comes at a crucial time in American politics. President Joe Biden has recently been subject to increasing criticism from the public due to his handling of the Russia-Ukraine conflict, as it has led to increased fuel and energy costs in the USA. In addition, the Senate midterm elections will be held this November - over a third of the seats in the Senate (the part of Congress which confirms or rejects Supreme Court justices) will be up for re-election. If President Biden's Democratic Party loses the Senate majority to the opposition in November, it's likely that future candidates will be blocked by the Senate. Because of this, Justice Breyer's retirement could have been Biden's only chance to deliver on his election promise to nominate a Black woman as a Supreme Court justice.

As previously stated, Justice Brown Jackson is the first Black female justice in the history of the American Senate - this representation in the government is particularly significant in setting an example as one of the world's largest democracies. Jackson's confirmation follows the victory of Kamala Harris, the first African-American and Asian-American Vice President in US history, in the 2020 election. Justice Brown Jackson is a reminder that those that deviate from the perceived “average” politician are just as capable as the majority, despite the additional obstacles they must overcome.



The Child Q Case

A Case, the Home Officer Says “Should horrify us all”

Last December, when most 15-year-olds would have been in the middle of their first set of Teacher Assessed Grade Exams (TAGs), a girl in Hackney was taken out in the middle of her exam, to be strip-searched by police at her school.

The girl - known as Child Q for privacy measures - was accused by two female officers for suspicion regarding a drug related incident. The officers conducted the strip search which left the child exposed and she was made to take off her sanitary towel, according to a statement from her family. During the search, no drugs were found to be present.

Since the incident, family members describe the girl as changing from “happy-go-lucky to a timid recluse that hardly speaks”. The incident also resulted in a safeguarding report to the school, and many members of the board and the headteacher have resigned following recent enquiries.

The family of Child Q are currently in the midst of suing the Metropolitan Police over the incident and several marches in the community have been held, protesting institutional racism towards people of colour. The figures, first reported by LBC show that out of 5,279 children searched after an arrest in the past three years, around 75% were from ethnically diverse backgrounds. Weyman Bennett, co-coordinator of Stand Up to Racism campaign group, called for “urgent change” in light of the “shocking” data.

Nimco Ali, an independent government advisor on tackling violence against women and girls stated in a recent interview, “I think the idea of a child being strip-searched - be they female or male - should be something we shouldn’t be able to tolerate in this country.” The officers related to the case have been investigated under misconduct and a spokesperson from Scotland Yard formally apologised to the family and issued a statement: “We work closely with communities in London and understand that stop and search can have a significant and lasting impact on someone, especially an MTIP and strip search in custody. Every search must be lawful, proportionate and necessary and carried out with respect, dignity and empathy.”

Following this incident, there are concerns surrounding the little action being taken to prevent further bias towards minorities. There are an increasing number of concerns for the safety of the new refugees from Syria and Afghanistan and that incidents like these could be going unnoticed. Ms Ali emphasised, “Those who want to take advantage of vulnerable people will use this opportunity where people are looking for safety, in order to abuse them. We have to be wary and conscious of the fact that



there are going to be some people who don't necessarily have the best intentions when they talk about taking refugees."

- Sheetal Vaish



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Jamie Wallis: First MP comes out as trans

Jamie Wallis has become the first Member of Parliament to come out as transgender, as he revealed the gender dysphoria he was diagnosed with at a young age. The MP came out shortly after PM Boris Johnson made an insensitive comment about transgender people at a Tory MP dinner: “Good afternoon ladies and gentlemen, or as Keir Starmer would put it, people who are assigned male or female at birth.”

So what does this mean for representation of LGBTQ+ individuals?

Many people in the LGBTQ+ community have spoken out about this event, some views positive and others negative. Many people agree that it's time that the country has transgender representation in politics, and that this is a crucial small step to finally achieve greater diversity in British politics. It's also a sign for members of the Conservative party to openly challenge their colleagues' transphobia,

especially after Boris Johnson's recent banning of conversion therapy, for all but transgender people. Having a transgender MP in the House of Commons could potentially bring a positive and representative influence to decisions affecting the lives of transgender people.

On the other hand, some believe that this is an insignificant step for transgender people. “Without action and change, it isn't going to be so significant.” some say. As Jamie Wallis came out only after the charges against him, for fleeing the scene of his car crash, some view this as a way to move the focus from the other things that were revealed about him.

Though views on the matter are mixed among the public, it is important to address the event as a step in the right direction for representation of LGBTQ+ people in politics.

- Ira Kurane



TV Show Recs:

Romance

Heartstopper - This show explores friendship, love, identity and mental illness as Charlie Spring goes through the upper years of school. He has to deal with many challenges like being bullied for his gay identity and his friend Elle moving schools. But, as the new year starts, there are new forms. He is seated next to Nick Nelson, the popular star rugby player. They eventually become friends, but this relationship might blossom into something more. The majority of this show overlooks the changes that happen in everyone's lives as time progresses.

Comedy

The Good Place - Eleanor Shellstrop (Kristen Bell) finds herself in the afterlife, more specifically, in 'The Good Place', more commonly known as modern day 'heaven'. Everything seems to be fine, she even gains an amazing soulmate, Chidi. However, there's just one problem, Eleanor should have gone to hell - and she knows it.

Sitcom

Brooklyn 99 - Comedy series following the exploits of Det. Jake Peralta and his diverse, lovable colleagues as they police the NYPD's 99th Precinct. Captain Ray Holt takes over Brooklyn's 99th precinct, which includes Detective Jake Peralta, a talented but carefree detective who's used to doing whatever he wants.

Reality TV

Are You The One? - 10 guys and girls try to find their 'perfect match' and win 1M dollars through various challenges and Truth Booths

Chinese Drama

Falling Into Your Smile - In China, professional gaming appears to be a man-only sport, until Tong Yao, a female amateur gamer, steps into the spotlight as a pro team's new player.

Fantasy

Supernatural - Two brothers try to find their missing dad while hunting ghosts and demons. It escalates from there. There are angels involved at some point.

Monster High - The main character in the cartoon series is Frankie, a new girl at the school, Monster High. Monster High is a school for all monsters, from any place, from any background. Whilst it is centred on Frankie and her friends, there is also a lot of lessons that can be learned from the series from change to acceptance and focuses on many different characters and their perspectives. This gives Monster High a thrill that most series don't usually have.

Teen Wolf - Scott was just a regular guy until one bite changed his life forever. Now he struggles to understand who he is and what he might become. Is he more wolf than human - or is it the other way around? Whichever it is, it's not going to be easy. Scott will try to control his urges, but mostly he's scared that it's his urges that could



end up controlling him. Teen Wolf is the story of Scott as he tries to walk the line between what he wants and what he can't help from wanting. Will the bite end up being a gift? Or will it be a curse? And what will it all mean for his relationship with Allison - the girl he can't get enough of? Only time will tell if he should embrace his newfound powers, or if he should fear them.

Action and Adventure

Word of Honour - The leader of assassin organisation "The Window of Heaven", Zhou Zishu, quits his position in pursuit of freedom with drastic measures. In his travels, he meets Wen Kexing, the leader of Ghost Valley who wants nothing but revenge. The two become entangled in various machinations within the martial arts world, and eventually become soulmates instrumental in each other's redemption.

Medical Drama

Grey's Anatomy - A medical drama that focuses on the personal and professional lives of five surgical interns and their supervisors.

K-Drama

Business Proposal - In disguise as her friend, Ha-ri shows up on a blind date to scare away her friend's prospective suitor. However, plans go awry when he turns out to be Ha-ri's CEO and he makes a proposal.



Movie Recs:

Horror

In The Tall Grass - It's based on the incredible book by Stephen King where, after hearing a young boy's cry for help, a sister and brother venture into a vast field of tall grass in Kansas but soon discover there may be no way out...

Circle - 50 people are stuck in a room and every 2 minutes someone dies. They realise they can vote for who dies next and the last one standing goes free.

Crime Thriller

Knives Out - The circumstances surrounding the death of crime novelist Harlan Thrombey are mysterious, but there's one thing that renowned Detective Benoit Blanc knows for sure -- everyone in the wildly dysfunctional Thrombey family is a suspect. Now, Blanc must sift through a web of lies and red herrings to uncover the truth. Great thriller, would recommend!

Comedy

Megamind - Though he is the most-brilliant supervillain the world has known, Megamind is the least successful. Thwarted time and again by heroic Metro Man, Megamind is more surprised than anyone when he actually manages to defeat his long time enemy. But without Metro Man, Megamind has no purpose in life, so he creates a new opponent, who quickly decides that it's more fun to be a bad guy than a hero.

Musicals

West Side Story - Ansel Elgort stars as Tony, a former member of the "Jets" street gang, and Rachel Zegler stars as María, a young woman whose brother is the head of the Jets' rival gang, the "Sharks." When Tony and María meet, they fall in love, but those close to them discourage their union. As racial and territorial tensions mount between the competing gangs, events unfold that threaten the young lovers' happiness.

Drama

The Truman Show - Truman is a man whose life is a fake one. The place he lives is, in fact, a big studio with hidden cameras everywhere, and all his friends and people around him, are actors who play their roles in the most popular TV-series in the world: The Truman Show, which has been airing 24/7 since his very birth. Truman thinks that he is an ordinary man with an ordinary life and has no idea about how he is exploited. Until one day he finds out everything. Will he react?

Chandigarh Kare Aashiqui - A Bollywood film where a bodybuilder falls in love with a Zumba teacher and then navigates his feelings towards her after realising that she is transgender.

Badhaai Do - A gay man and a lesbian marry each other to avoid being pestered by their parents.



Ek Ladki Ko Dekha Toh Aisa Laga - A woman falls in love with a woman and she fights her family to be able to be with who she loves.

Anime

A Silent Voice - When a grade school student with impaired hearing is bullied mercilessly, she transfers to another school. Years later, one of her former tormentors sets out to make amends.

Violet Evergarden: The Movie - Although to actually understand the movie and its sentiment, you'd have to watch the starting series first but it's still fantastic regardless and will spark some emotions in the viewer watching whether they have or not. It's about a young girl named Violet Evergarden, who was used as a tool for war. After the war had ended, she learns how to live properly, with the help of the general's, the man who had taken care of her and named her, friend. They shared the mutual pain of the general's death, but Violet could not get over it. She starts working as an Auto Memory Doll, a ghostwriter for people by writing letters for them with the words they want to convey, in his company and makes many friends and discoveries whilst in her line of work. Gilbert, the general, had told Violet a confusing comment that had stuck in her mind when he had died and thereafter, she has sought to understand the meaning of the final words he had left her. Violet received a request to write a letter for a boy named Yuris which is where the story somewhat begins with.

Historical Fiction

Dunkirk - In May 1940, Germany advanced into France, trapping Allied troops on the beaches of Dunkirk. Under air and ground cover from British and French forces, troops were slowly and methodically evacuated from the beach using every serviceable naval and civilian vessel that could be found. At the end of this heroic mission, 330,000 French, British, Belgian and Dutch soldiers were safely evacuated.

Directed by: Christopher Nolan

Cast: Fionn Whitehead, Tom Hardy, Harry Styles

Coming of Age/Teen

Mean Girls - Cady joins a new public school and Janis and Damian warn her to avoid the Plastics, a typical high school girl group led by Regina George, but Cady falls in love with Aaron and becomes into a person she hates.

Romance

HOUSEFULL (2010) - HOUSEFULL is a romantic comedy, the story of Aarush—the world's unluckiest man. He believes his bad luck can vanish if he finds true love. In this quest, one lie leads to another and different people from different walks of life come together adding even more confusion to this hilarious comedy of errors, resulting in total chaos and mayhem.

刻在你心底的名字 - Your Name Engraved Herein - It's a Taiwanese movie about two boys who fall in love in the 1980s, just after martial law was lifted. It depicts their struggles amidst family, friends, and broader social change. If you're looking for a happy-go-lucky LGBT movie, this really isn't for you. But it is the best movie I've ever seen, with beautiful cinematography, interesting



characters, and a completely heart-breaking storyline. It's also based off a true story, which makes it all the more depressing.

Heist

Now You See Me - Charismatic magician Atlas leads a team of talented illusionists called the Four Horsemen - Atlas, Daniel, Merrit and Henley. Atlas and his comrades mesmerize audiences with a pair of amazing magic shows that drain the bank accounts of the corrupt and funnel the money to audience members. A federal agent Dylan Rhodes, and an Interpol detective intend to rein in the Horsemen before their next caper, and they turn to Thaddeus Bradley, a famous debunker, for help.



Artificial Pancreases

Ground-breaking new treatment for Diabetes Type 1 Patients

Type 1 diabetes is an incredibly common disease in the UK, with an increase of 4% of patients each year. It is a chronic condition, in which a patient's pancreas is unable to produce insulin. Consequently, they are unable to break down glucose for digestion. Although they would not necessarily be deprived of glucose, it wouldn't reach the cells where it is needed. The glucose remains in the bloodstream, and blood sugar levels rise. What's worse, is that type 1 diabetes can be a lifelong disease and current treatments require significant modifications to a patient's lifestyle.

The artificial pancreas is a system mimicking a healthy pancreas and is used to help people with type 1 diabetes. Patients with type 1 diabetes require insulin, delivered by injection or infusion pumps several times a day, as their pancreas does not produce it. Blood glucose levels must be within a 'target range', of 80-130mg/dL, to prevent other health problems from developing. People with type 1 diabetes are prone to conditions such as hypoglycemia, where blood glucose level is lower than their target range, which causes dizziness, blurred vision, and other neurological symptoms.



Also known as a closed-loop insulin delivery system, the artificial pancreas is an "all-in-one" diabetes management system. It continuously monitors blood sugar levels, calculates the amount of insulin required, and automatically delivers insulin through a pump without any invasive glucose monitoring methods.



A continuous glucose monitor (CGM) tracks blood glucose levels every few minutes using a tiny sensor inserted under the skin. The sensor can wirelessly send the information to a smartphone or an insulin infusion pump, calculating how much insulin is needed. This signals to the infusion pump when insulin needs to be delivered. The insulin infusion pump will provide small insulin doses throughout the day when blood glucose levels are not in your target range. This technology has the



potential to change lives, making living with diabetes easier and helping people have more stable blood sugar levels.

The artificial pancreas has models available for children as young as two years old. It has also successfully been used on pregnant women, demonstrating the vast population the system can help. It is estimated that 25 specialist diabetes centres in England will benefit from the system's initial launch.

What's in store for the future?

Researchers are working to develop an artificial pancreas that uses both insulin and glucagon. Glucagon raises blood sugar levels and aids in tighter blood control. Scientists also hope to build a fully automated artificial pancreas, eliminating the need for people with diabetes to manually count and enter carbs to get their insulin at mealtimes. This would dramatically transform day-to-day management of diabetes and mean you don't have to worry about short or long-term blood sugar control.



This device could be a turning point in helping patients with Type 1 diabetes, improving the lives of many of the estimated 9 million people living with Type 1 diabetes in the UK but also providing a push for future medical improvements.

- Zahra Talukder



Affirmations Page

This issue, we received over fifty student and staff appreciation posts, and these have all been emailed out separately. We thank you for writing in all these kind anonymous messages, and we're sure your recipients do too.



CODA wins Best Picture

It was a very successful Oscars for Sian Heder, the director of the award-winning film *CODA* which won Best Picture.

CODA (which stands for Child of Deaf Adults) was released by Apple TV+. It beat Netflix's film *The Power of the Dog* and other entries from Hollywood studios for the award. Despite *CODA* being one of the least nominated films (with only three nominations), it was still able to take home all three of the awards. This included: Best Picture, Best Supporting Actor and Best Adapted Screenplay. Once they accepted the award, they followed it with a speech.



The movie was adapted from a 2014 French film called *La Famille Bélier*. Sian Heder thanked the original producers saying, "they planted the seed, this was a premise that was beautiful, I saw that in the original film and managed to take that story and imbue it with my own personal story." This award was not only revolutionary for the independent film industry, but also represented a "beautiful moment" for up-and-coming female directors with a story to tell. Heder described winning Best Picture as "the stuff that dreams are made of."

CODA celebrates deaf culture, joining Oscar-winning actress Marlee Matlin in representing the deaf community in Hollywood. "We're saying that you belong here," said director Sian Heder when asked what this meant for the *CODA* community and for deaf people in film. "There are three deaf actors in the lead of this film, there's ASL on screen."

What is the film about?

CODA is a heart-warming coming-of-age comedy-drama about teenage girl - Ruby Rossi - navigating her way through high school and the rest of life whilst growing up as the only hearing member of a deaf family. She has to balance the demands of helping her family in their daily lives with her own ambitions to be a singer. The film stars Emilia Jones, Troy Kotsur and Marlee Matlin, who was the first deaf actor to win an Oscar in 1987 for her role in "Children of a Lesser God". It is the first film which has a predominantly deaf cast to win an Oscar.



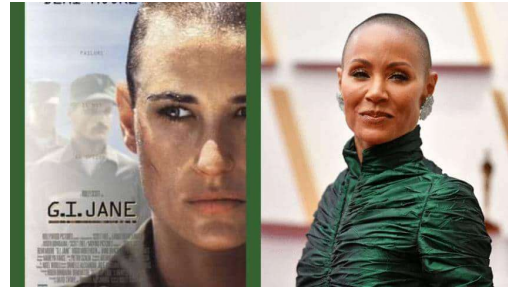
Troy Kotsur also made history for the deaf community as he won the award of Best Supporting Actor. He played Frank Rossi in the movie, the father of the main character. After accepting the award, he gave a speech in sign language and also took his time to answer some questions from the interviewers.

- Aditi Krishnan



Slapgate: An Oscars Scandal

When making jokes, we often do not expect to get shouted down, let alone physically assaulted for what we perceive as light-hearted fun. Yet, this was not the case for Chris Rock who was physically assaulted at this year's Oscars Award ceremony by Will Smith for that very thing. The incident took place after Chris Rock made a joke about Will Smith's wife, Jada Pinkett Smith, comparing her to G.I. Jane, a bald female lead in a 90s action film. The joke was a reference to Jada's appearance, caused by her alopecia which had forced her to shave her head.



Opinions after the incident were mixed, some condemning Will Smith for his physical outburst on a comedian paid to make jokes and Jada's seemingly joyful reaction to her husband making such a public display for her at the esteemed event while others saying the reaction was proportional given the joke's subject matter being a medical condition Jada had previously stated made her insecure in her appearance. However, the incident prompts a deeper question to come to mind for many. Is this the future of speech and comedy? And is assault ever a reasonable response to a joke?

The incident became a viral sensation overnight with people across the world sharing a plethora of different opinions on the matter; this included views like the idea that Smith's outburst may not have been to do with the joke itself but the build-up of tension in his relationship with his wife or an opportunity to reclaim his masculinity. Will Smith's relationship with Jada has been a talking point for many over the past few years with the public admittance of adultery to her husband being recorded and monetised. However, for others, the joke made at the Oscars was not a good enough reason for the assault, many proclaiming that Jada and Will had already opened themselves up to public mockery by monetising their family affairs and problems on various talk shows and podcasts. Many felt that this was a last-ditch attempt by Will to put up a strong family front as they felt he had been



emasculated by Jada with her open admittance to cheating. Some went as far as to say that this showed a double standard in the industry, claiming that had it been a female comedian, the reaction to a slap would have been very different to the public and the outcry potentially far greater or perhaps the assault would have never taken place at all.



Despite the various opinions of people, one issue is becoming very clear as we look to the future and how these situations should be handled. Should people in places of privilege be allowed to get away with these public crimes? The organisers of the event were heavily criticised for still allowing Will Smith to receive his Oscar a few minutes later where he gave a teary speech on ‘defending’ family.



In 2017, shortly after the #MeToo movement, the Academy released a statement vowing that there was no room for members ‘who abuse their status, power or influence in a manner that violates standards of decency.’ If anything, this incident seemed to showcase a violation of these very values. Since the public outcry, the Academy awards have banned Will Smith from the Oscars for

10 years and the actor has come out with a public apology, claiming that his behaviour was ‘unacceptable and inexcusable’ and that there was ‘no place for violence in a world of love and kindness’. However, a handful of social media opinions seem to show that the punishment is not great enough, with some even calling for legal action against Will.

Although some were quick to criticise Chris Rock’s joke, claiming it was insensitive to Jada’s insecurities, many quickly came to his rescue, arguing he should not have been assaulted for making jokes that he was hired to devise. Online, comments were still angry at the handling of the situation, despite the ban - pointing out that Will had still been allowed to get his award and was not immediately escorted out the building after the assault. Chris Rock has decided not to press charges as he says he needs time to think about the situation but the incident for many has been another show of how privilege works at the highest levels.

Additionally, there was a great debate on whether comedy can go too far. This has again sparked up the conversation on whether free speech should be unfiltered - including jokes - or whether there are limits to what people can say and whether physical assault is ever a rational response to speech, let alone jokes. Nonetheless, one thing is certain after this incident - a joke that would have been forgotten in the space of five minutes will now live on for years in the memories of people and be continually used in discussions while we, as a society, continue to try to figure out where the limits of speech are, whether they exist and how to hold the privileged members of society more accountable for their actions.

- Amandeep Mavi



Book Recs:

Romance

Heartstopper - Charlie and Nick are at the same school, but they've never met ... until one day when they're made to sit together. They quickly become friends, and soon Charlie is falling hard for Nick, even though he doesn't think he has a chance. But love works in surprising ways, and Nick is more interested in Charlie than either of them realised.

Loveless - Alice Oseman : Georgia has never been in love, never kissed anyone, never even had a crush - but as a fanfic-obsessed romantic she's sure she'll find her person one day. Soon she finds out that romance isn't the only way to love, and she slowly figures herself out throughout the novel.

Adventure

The Ministry of SUIs - The relentlessly curious Jack, on a mission to find his missing friend, is recruited into the secret Ministry of Strange and Unusual and Impossible Things (Ministry of S.U.I.T.s) which deals with all the weird creatures and objects in the world.

Historical Drama

Tian Guan Ci Fu (Heaven Official's blessing) - Mo Xiang Tong Xiu : Xie Lian is a kind-hearted 800 year old ex-god who has been expelled from heaven twice. Now he ascends again as a trash god after bumming around the earth dumpster diving and reduce reuse recycling for the past few centuries. He meets a young man named San Lang (... or is he?) who may be more connected to Xie Lian's past than he initially thought. Soon he begins unravelling plot after plot after scandal involving Heaven's highest officials, and who is this Hua Cheng everyone's so afraid of? Xie Lian thinks anyone who likes butterflies must be a good person! A famous quote from this book: "The one standing in infinite glory is you, the one fallen from grace is also you. What matters is you, and not the state of you." A good mystery, fantasy, romance and historical drama all in one.

Mystery

The Inheritance Games - Avery Grambs has a plan for a better future: survive high school, win a scholarship, and get out. But her fortunes change in an instant when billionaire Tobias Hawthorne dies and leaves Avery virtually his entire fortune. This book is full of plot twists, games and cliff-hangers that won't let you put the book down.

The Maid - Nita Prose : A clue-like, locked-room mystery and a heart-warming journey of the spirit, *The Maid* explores what it means to be the same as everyone else and yet entirely different—and reveals that all mysteries can be solved through connection to the human heart.

Dystopian Fiction

I Who Have Never Known Men - Jacqueline Harpman : Deep underground, thirty-nine women are kept in isolation in a cage. They have never known the outside world, yet seem to not care to find out, except one...



Domestic Fiction

In Search of Us - Ava Dellaira : This is a story from 2 perspectives a girl and her mother. In this book it shows us the girl (Angie) trying to find the mystery of her dead dad and his brother . On her mum`s (Marilyn) side we see how she met Angie`s dad . I loved this book especially the ending hope you do too.

Modern Day Classics

The Setting Sun - Osamu Dazai : A young aristocrat, only by name and by no means money, who purposely abandons her class, a symbol of the anomie that pervades so much of the modern world. The class which she admires her mother so much for and the class her brother compliments so much. She is not an ideal woman either not at present time nor past. She is divorced, said to have committed infidelity and penniless. Her brother is a so called drug addict who is still yet to return, her father is dead and her mother is weak and sick. Her family situation is not ideal but that supposedly doesn't matter to any of them.

Coming of Age

Freshers - Phoebe and Luke went to the same high school, but never really floated in the same circles. But when the two collide in the madness of Fresher's week, little do they realise that they're about to get pulled into each other's worlds for a messy, intense and hilarious term that neither of them will ever forget.



Song Recs

Pop

Lover of mine – 5SOS
Take my hand - 5SOS
Pizza – 5SOS
Cross Your Mind – Niall Horan
Shame - Spencer Sutherland
Vanilla Curls - Teddy Hyde
I Want It That Way - Backstreet Boys
Blank Space – Taylor Swift
That's Hilarious - Charlie Puth

K-Pop

Arcade - NCT DREAM
Glitch Mode – NCT DREAM
Fire Alarm - NCT DREAM
GANADARA - Jay Park, IU
INVU - TAEYEON
FREEZE - Stray Kids
Charmer - Stray Kids
MANIAC - Stray Kids
Charmer - Stray Kids
WHO - MOONBIN&SANHA
MOONDANCE - JEON WOONG
Reason – KAI
RED - The Rose
19 - Stray Kids
Love Dive – IVE
Child – MARK
Cupid – DKZ
That That - PSY ft and prod by SUGA of BTS.
ring ding dong – shinee
maison – dreamcatcher
locked inside a door – dreamcatcher
Maze in the mirror - TXT

R&B / Soul

beside you – keshi
Try Again - Jaehyun and d.ear
Die for You - The Weeknd
Second Child – Bilal
the cult of dionysus - the orion experience
black on black - greyson chance

expectations - lauren jauregui

Alternative/Indie

Blue Jeans – GANGGA
Two Slow Dancers - Mitski
A Pearl – Mitski
Strawberry Blond – Mitski
Liquid Smooth – Mitski
Why am I like this? – Orla Gartland
Only the Brave - Louis Tomlinson
Place in me – Luke Hemmings
Take a slice - Glass Animals
Black Bathing Suit - Lana Del Rey
Thunder - Lana Del Rey
Writer in the dark – Lorde
I am not a robot – MARINA
The Family Jewels – MARINA
Roi – Videoclub
Basement Jack - Steve Lacy
Somewhere Only We Know – Lily Allen
Ophelia - The Lumineers
Alrighty Aphrodite - Peach Pit
devil doesn't bargain - Alec Benjamin
one wrong turn - Alec Benjamin
shadow of mine - Alec Benjamin
Boy in the Bubble – Alec Benjamin
always forever – cults
broken bones – kaleo
love like ghosts - lord huron
willow tree march - the paper kites
rose (english version) - d.o
perfect people – courtship
As It Was – Harry Styles

Hip-Hop / Rap

peppermint - lavender
Hug me - Pharrell Williams and Trey Parker
Lost in the Citadel - Lil Nas X

Indian Pop

Mundian to Bach Ke - Panjabi MC

Country

Better than revenge – Taylor Swift



Rock

Perfume – Lovejoy

Alien Blues – Vundabar

Zitti e buoni – Måneskin

Torna a casa – Måneskin

Morirò da re – Måneskin

Vengo dalla luna - Måneskin

Fusion

wires - the neighbourhood



Interactive

Which song should you listen to based on your Enneagram type?

The Enneagram is an analysis of the human psyche, and is a “typology of nine interconnected personality types”. **It is a system that groups people together using nine ‘types’, which focus on personal desires, emotions, motivations and internal dynamics of a person, rather than external facts.** Despite being a popular typing system, it is not generally accepted in the field of evidence-based psychology.

Most people, when typed, will have a “base” or “dominant” type (i.e.. Type 1, Type 6 etc.), which you are ‘born’ with, but can be influenced by environment and experiences. You also have a “wing” (i.e.. 4w3, 8w7), with the ‘w’ standing for wing.

For instance, someone with a 6w5 enneagram has Type 6 as their dominant type, and Type 5 as their wing type.

The concept of this is that the personality dynamics of the two neighbouring types, influence a person's fundamental type to some level. Beyond this, the Enneagram gets quite complicated, including archetypes, instinctual variants, and 3 key “centres”.

The link to some Enneagram tests are below (although it's worth studying to find out what your 'true' Enneagram is)
:<https://www.eclecticenergies.com/enneagram/test>
<https://assessment.yourenneagramcoach.com/>
<https://similarminds.com/cgi-bin/sminds2/similarminds3.pl>

A lot of the songs I chose were influenced by this album released by *Sleeping at Last*, who wrote 9 songs to represent the 9 types:

<https://open.spotify.com/album/1R3C4VebWmWXF1bTSnnLql?si=10eE-W6mSJO2vE0V7p01HQ>

Type 1: “The Reformer”

“Perfect Places” - Lorde

Type 1s have a strong moral compass, often being advocates for change, with a desire for consistency and a fear of being unethical. They are self-controlled, uncompromising and perfectionistic at times, with a desire to be almost useful to the world at large, with a need to justify them and their actions to not only others, but themselves. Their outside image doesn't normally match the plethora of emotions actually experienced; problems with perfectionism potentially arising.

“Perfect places” is a song about the singer's dissatisfaction with the life she's found, as it's not as perfect as she dreamed; Type 1s may often feel a profound discontent with the world at large, and on the deepest level this song asks if we can ever really be happy, which is a question that is often contemplated by Type 1s, as they are generally the most unhappy with society at large. This is quite a depressing song, asking if there is really such a thing as “perfect places”; however, it almost reflects the lifelong journey for this type as they grapple with realising that as much as they try, the world they so desperately try to fix will never be a “perfect place”.



“All of our heroes fading; Now I can't stand to be alone; Let's go to perfect places”

Fictional Type 1 characters: Atticus Finch (To Kill a Mockingbird); Steve Rogers (Captain America); Peter Pevensie (The Chronicles of Narnia); Ned Stark (Game of Thrones); Percy Weasley (Harry Potter); Prince (Romeo and Juliet); Tenya Iida (My Hero Academia); Light (Death Note); Kunikida Doppo (Bungou Stray Dogs) and Buffy Summers (Buffy the Vampire Slayer).

Type 2: “The Helper”

“I want you to want me” - Letters to Cleo

Type 2s treat those that they meet with kindness and openness, with a desire to be loved by those around them. At their worst, they are people-pleasing and don't acknowledge their own needs, ignoring them for the sake of others. The concern they have for others and the genuine warmth they bring to their family and friends draws people to them, although “unhealthy” Type 2s will manipulate others to get their emotional needs met, underlying their centre fear of worthlessness with a preference to see themselves in the best, most optimistic light.

Type 2s try their hardest, and try to win people with their infectious energy, and that optimism comes through in this song. This whole song is about trying to get people to ‘want’ you - *“I'll shine up my old brown shoes; I'll put on a brand new shirt; I'll get home early from work; if you say that you love me.”* - and while possibly a quite toxic message, it does show the quite fine line Type 2s draw from wanting affection but not neglecting their own needs to get it.

“Feelin' all alone without a friend; you know you feel like dying”

Fictional Type 2 characters: Samwise Gamgee (The Lord of the Rings); Peeta Mellark (The Hunger Games); Desdemona (Othello); Bellatrix Lestrange & Hagrid (Harry Potter); Emma Woodhouse (Emma); Esther Summerson (Bleak House); Nakajima Atsushi (Bungou Stray Dogs); Tenten (Naruto); Rolo (Code Geass) and Terry Jeffords (Brooklyn Nine-Nine).

Type 3: “The achiever”

“King of the Clouds” by Panic! At the Disco

Type 3s strive for near-constant success, no matter how they define it; they desire success because they are scared of vanishing into a wormhole of worthlessness if they do not receive the increased attention and sense of achievement that success normally provides. “Unhealthy” 3s are ‘easy prey to self-deception, deceit, and falseness of all kinds’, and are often alienated from themselves because they've spent so long chasing what they believe will make them more valuable, that they no longer know their own feelings + desires. That being said, Healthy 3s are successful and well-liked, embody the best and are “mirrors” for others hopes and dreams and are role models.

While this song most likely tackles the issue of drugs, it could also be interpreted as a song about power, and a desire for achievement. Type 3s have a desperate drive for success, and will pursue it no matter how fleeting or evanescent it may be. “Unhealthy” Type 3s often get jealous - *“I don't trust anything or anyone below the sun”* - and so strive for constant, objective success, often without thinking about whether it's worth it, and



not preparing for the repercussions that follow.

“King of the clouds, of the clouds; I get lifted, I get lifted; Imagination, take me somewhere I don't know; I'm lost but I better find it alone”

Fictional Type 3 characters: Naruto (Naruto); Gaston (Beauty and the Beast); Dorian Gray (The Picture of Dorian Gray), Scarlett O'Hara (Gone with the Wind); Jean Kirchstein (Attack on Titan); Petruchio (Taming of the shrew); Lady Macbeth (Macbeth); Takizawa Seidou (Tokyo Ghoul); Odysseus (Greek mythology); Draco Malfoy + Professor Lockhart (Harry Potter) and Gimli (The Lord of the Rings).

Type 4: “The Individualist”

“Strawberry Fields Forever” - The Beatles

Type 4s are highly self-aware, creative and expressive individuals, with a strong sense of identity and a fear of losing that identity. They desire to be uniquely themselves and maintain their much-struggle for identity by seeing themselves as fundamentally different from others. Often, problems with melancholy, self-indulgence, and self-pity arise, and are compensated for by developing a “fantasy self”; an idealised self-image.

The idea of the “misunderstood genius” and that everyone else is living inauthentically is very Type 4. The partially melancholy nature of this song represents the struggles and sorrows that are a part of this type's personal development; while wanting to let that go, the fear of not always searching for identity and developing that sense of identity often prevents it from happening.

“Living is easy with eyes closed; Misunderstanding all you see; It's getting hard to be someone but it all works out; It doesn't matter much to me”

Fictional Type 4 characters: Liesel Meminger (The Book Thief); Loki (Thor); Jay Gatsby (The Great Gatsby); Luna Lovegood (Harry Potter); April Ludgate (Parks and Rec); Will (Stranger Things); Scar (The Lion King); Shinji (Evangelion); Sadness (Inside out); Romeo + Juliet (Romeo and Juliet); Coraline (Coraline); Violet (American Horror Story) and Edgar Allan Poe portrayals.

Type 5: “The Investigator”

“Nowhere Man” - The Beatles

Type 5s have a pursuit of knowledge and a desire to understand how and why things work the way they do. They tend to spend a lot of time observing their surroundings, with a lack of dependency on face-to-face interaction and validation. Fearing convention, Type 5s sometimes lose themselves in their own thoughts, becoming socially distant. When faced with practical problems, they instead keep their intense focus directed to something that makes them feel more competent while not actually dealing with the issue itself.

Nowhere man talks about someone who has no direction in life, with no worldview- Type 5s thrive on knowledge and learning more, in a way, making it harder to come to a conclusive opinion on topics and various issues. One of John Lennon's first songs that does not talk about romance- this type are most likely to not be in a relationship of all the types- in a [survey of 88,000 people](#), 65% of Fives in our sample were consciously uncoupled. A song reflecting a period of dissatisfaction



for Lennon, the vibe of the song is disquiet, and accompanied with appropriately clever song writing.

“Doesn't have a point of view; Knows not where he's going to; Isn't he a bit like you and me?”

Fictional Type 5 characters: Klaus Baudelaire (A Series of Unfortunate Events), Sherlock Holmes (Arthur Conan Doyle), Smaug (The Hobbit); Snape (Harry Potter); Elrond (The Lord of the Rings); Mr. Darcy (Pride and Prejudice); Haymitch Abernathy (The Hunger Games); L (Death Note); Ranpo (Bungou Stray Dogs); Yukio Okumura (Blue Exorcist) and Hannibal Lecter (Silence of the Lambs).

Type 6: “The loyalist”

“Be Calm” - fun.

Sixes are devoted to people because they do not want to be abandoned and without support, and begin to feel that they lack the internal capacity to deal with life's obstacles on their own, and as a result, they become increasingly reliant on structures, alliances, beliefs, and support from outside themselves for survival, creating support structures for themselves if they do not exist. However, at best, they are hard-working, responsible and are able to boost those around them.

This song is so reminiscent of 6s because of the emotional maturity that shines through the lyrics; When someone tells you about a problem they're having, the best thing you can do is not just offer advice, but also demonstrate that you understand by telling them about a similar event you've had and how you dealt with it. This is what this song is about, and all in all is able to reassure the listener to 'be calm', and that eventually everything will be alright.

“I'm scared that everyone is out to get me; These days before you speak to me you pause; I always see you looking out your window.”

Fictional Type 6 characters: Alexei Karenin (Anna Karenina); Wolverine (X-Men); Bilbo Baggins (The Hobbit), Narcissa Malfoy (Harry Potter); Othello (Othello); Macbeth (Macbeth); Hamlet (Hamlet); Faith (Buffy the Vampire Slayer); Mulan (Mulan); Eleanor Dashwood (Sense and Sensibility); Mikasa Ackerman (Attack on Titan); Killua Zoldyck (Hunter x Hunter) and Tyler Durden (Fight Club).

Type 7: “The Enthusiast”

“Killer Queen” - Queen

Type 7s are known for being extroverted, spontaneous and optimistic, with a fear of being 'deprived' and a desire to have their needs met. They will often go to extreme lengths to keep themselves reaching for exciting experiences and avoid fear and loneliness; they are fast learners, practical & have their thinking stimulated by activity. However, “unhealthy” 7s will pursue whatever appears to offer satisfaction, leading to making worse choices and finding it more difficult to become fully satisfied, potentially running their career, relationships and money through their need for stimulation.

This song describes someone who has three primary characteristics: a high-class, pricey lifestyle which they're smug about and being charismatic + lethally dangerous. Characteristics, which - all in all - can probably be used to describe Type 7s, with an energy to the song that matches that of this type. In fact, most Queen songs are distinctly like Type 7s.



*“Then momentarily out of action;
Temporarily out of gas; To absolutely
drive you wild, wild; She’s all out to get
you”*

Fictional Type 7 characters: Lydia Bennet (Pride and Prejudice); Peter Pan (Peter Pan); Holly (Breakfast at Tiffany’s); Sirius Black (Harry Potter); Meriadoc Brandybuck & Peregrin Took (The Lord of the Rings); Present Mic (My Hero Academia); Dazai Osamu (Bungou Stray Dogs); Gon Freecss (HunterxHunter); Meliodas (Seven Deadly Sins); Sasha (Attack on Titan); Lydia Bennet (Pride and Prejudice) and Oscar Wilde portrayals.

Type 8: “The Challenger”

“She’s thunderstorms” - Arctic Monkeys

Type 8s tend to stand alone, and have a desire to protect themselves and a fear of being controlled by others. They persevere throughout, & have a large amount of willpower that compliments their ability to take on any and every challenge they face- as long as they aren’t emotional ones. Type 8s struggle to emotionally connect with others, attempting to build up their ego so much that they subsequently become extremely sensitive to any criticism that challenges their authority or self-respect.

This song talks about someone who is so enthralling, that it is impossible not to be drawn to them, and is a thunderstorm - confident, assertive, chaotic and direct. This character's emotional changes, and ups and downs don't stop the singer from being drawn to her; Type 8s pursue challenges and anything really, ignoring and facing any problems that may stop them from getting what they want.

*“She came and substituted the peace
and quiet for; Acrobatic blood, flow
concertina; Cheating heartbeat, rapid
fire”*

Fictional Type 8 characters: Mercutio & Tybalt (Romeo & Juliet); Jo March (Little Women); President Snow (The Hunger Games); Alastor Moody (Harry Potter); Sauron (The Lord of the Rings); Queen of Hearts (Alice in Wonderland); Inspector Javert (Les Mis); Meruem (Hunter x Hunter); Bakugo (My hero academia); and Guren Ichinose (Seraph of the End).

Type 9: “The Peacemaker”

“Beetlebum” - Blur

Type 9s are described to be on a journey to find both internal and external peace, and are trusting + accepting people, with tendencies, however, to simplify large-scale problems and ignore anything ‘negative’ in their lives. Nine’s personalities and traits can be found within all the other types, which is ironic considering that out of all the types, 9s have the least sense of the identity, and often ‘succumb to the temptation’ of blocking out that which makes them uncomfortable.

This song is almost about conflict avoidance - *I just slip away and I am gone* - and Type 9s will often do anything to keep the peace in situations. The exhilaration fades away to make way for a sombre perspective at the end of the song: conflict avoidance is not conflict resolution...“the only way out is through”, and this is an important train of thought for 9s. The song is easy to get lost in, much as this type is more often than not lost in their minds and emotional fantasies that they can’t experience in real life, as there is no sense of identity that allows them to connect with others.



*"I just slip away and now I am gone;
He's on, he's on, he's on it.; He's on,
he's on, he's on it."*

Fictional Type 9 characters: Dorothy (The Wizard of Oz), Jane Bennet (Pride and Prejudice); Remus Lupin (Harry Potter); Rue (The Hunger games); Winnie the Pooh (Winnie the Pooh); Wanda Maximoff (MCU); Peter Parker (MCU); Paul Rudd in Our Idiot Brother; Saitama (One Punch Man); Tamayo (Demon Slayer); Alphonse (Fullmetal Alchemist) and Hyakkimaru (Dororo).

Honourable mentions:

Type 1: "Wander. Wonder." - The Arcadian Wild; "fever dream" - mxmtoon; "Hard to love" - The Mowgli's

Type 2: "There is a light that never goes out" - The Smiths; "affection" - BETWEEN FRIENDS; "loneliness for love" - lovelytheband

Type 3: "Affluenza" - Conan Gray; "Imaginary Parties" - Superfruit; "Don't kill my vibe" - Sigrid

Type 4: "Creep" - Radiohead; "Changes" - David Bowie; "Hunger" - Florence + the Machine

Type 5: "Looking for a Saviour" - United Pursuit; "Social cues" - Cage The Elephant; "The Making Of" - The Bohaics

Type 6: "Closer to fine" - Indigo Girls; "Alaska" - Maggie Rogers; "With A Little Help From My Friends" - The Beatles

Type 7: "Mountains Sound" - Of Monsters and Men; "Don't stop me now" - Queen; "The boys are back in town" - Thin Lizzy

Type 8: "Legend Has It" - Run The Jewels; "Sorry not Sorry" - Demi Lovato; "Mona Lisas and Mad Hatters" - Elton John

Type 9: "Narcolepsy" - Ben Folds Five; "Disarm You" - Kaskadee; "Banana pancakes" - Jack Johnson

USEFUL LINKS:

- <https://www.verywellmind.com/the-enneagram-of-personality-4691757>
- <https://www.enneagraminstitute.com/how-the-enneagram-system-works>
- https://en.wikipedia.org/wiki/Enneagram_of_Personality
- <https://www.truity.com/enneagram/9-types-enneagram>
- <https://www.inverse.com/mind-body/enneagram-personality-test-experts-explain>
- <https://religionnews.com/2017/09/05/what-is-the-enneagram-and-why-are-christians-suddenly-so-enamored-by-it/>
- <https://www.leeclarion.com/2019/opinion-the-enneagram-fad-is-a-threat-to-the-search-for-identity>
- <https://modernmrsdarcy.com/favorite-personality-books/>
- <https://enneagram-institute-dc4s.squarespace.com/store>



Entertainments Page

Sudoku

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Disney Emoji Quiz

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