

Kendrick School - Weekly Update

Friday 21st April 2023

LETTER FROM MS KATTIRTZI, HEADTEACHER

I hope everyone has had a restful spring break and feels restored and refreshed for the term ahead.

We have had a good start to Term 5 and today we began the day with a whole school assembly at which I introduced the new **Kendrick School Leaders**. This is a most important time in our school year when one team of student leaders takes over from the previous team. This year the composition of the team has slightly increased in number to reflect the expanding cohort. There are now 21 members of the team. The students spoke confidently about their plans for the future which they will continue to develop and outline in the coming weeks. Photographs and information about the new team can be found [here](#). To finish the assembly, a group of students, Ananya, Laasya, Heather and Dianne, sang a song dedicated to Year 11 and 13 students to wish them well in their upcoming public exams. Everyone was touched by the beautiful voices and message conveyed by the song and the students' singing.

The Kendrick Student Leaders (KSL) will begin their term of office by representing the school at our Open Day sessions next week. Since last year, we have now moved to a series of days and times during the school day for prospective students and parents to visit Kendrick. Smaller groups of parents and students have been invited at specific times and will be given a tour by students and then receive information about the school and the Admissions process from me, the KSL and some Year 7 students. Information about our Open Day series this year can be found [here](#).

We have some great events to look forward to this term, in particular, our **Coronation Celebrations** on Friday 5th May when the whole school is invited to a **Garden Party** on the front lawn at lunchtime! Weather permitting, we hope staff and students will have their lunch together and specially prepared themed lunches are being organised by the canteen for the day. Details of the day and other activities have been sent to students, including poetry and drawing competitions, nominating someone who has made an exceptional community contribution and gathering items to make a time capsule. Thank you to the staff and students involved in the planning of this day. I am sure we will have a great time!

Wishing everyone an enjoyable weekend

Ms Christine Kattirtzi
Headteacher

KENDRICK SCHOOL'S SOCIAL MEDIA PLATFORMS

Kendrick School has several social media platforms and sites. Please follow us to get the latest news and information about the school. The links are in the logos below.



SAFEGUARDING/WELLBEING

WORRIED ABOUT A CHILD?

If you have a concern about a child at Kendrick School, please email studentwelfare@kendrick.reading.sch.uk or telephone 0118 9015859 and ask to speak to a Designated Safeguarding Officer.

If you're worried about any child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on **0800 800 5000** or **contact NSPCC online**. Children can contact **Childline** any time to get support themselves. **In an emergency please call 999 or for a non-emergency call 101.**

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this [link](#). We will be adding to these on a regular basis.

[CAMHS Resources](#) - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

SAFEGUARDING – UNDERAGE DRINKING

Source: [NSPCC](#)

Some children and teenagers drink alcohol. But whether this is at home with family, or at a party with friends, it's a parent's responsibility to make sure they're safe and know the risks.

Underage drinking: what's the law?

It's against the law:

- for anyone to buy alcohol if they're under 18 years old
- for under 18 year olds to ask anyone else to buy alcohol for them
- to give a child alcohol if they are under 5 years old.

It's legal:

- for over 18s to buy beer, wine or cider for 16 and 17 year olds if they're having a meal together in licensed premises, like a pub
- for 5 to 17 year olds to drink alcohol at home or other private premises.

For information on how to talk to your child about alcohol and/or if you are worried about a child's drinking please visit the NSPCC website [here](#).

Drinkline

A confidential helpline for anyone concerned about drinking. Call them free Monday to Friday from 9am to 11pm on 0300 123 1110.

<https://talk.iwf.org.uk/>

MENTAL HEALTH AND WELLBEING – BUILDING CONFIDENCE AND SELF-ESTEEM

Our wellbeing theme for Term 5 is **Building Confidence and Self Esteem**.

Self-esteem is how you think and feel about yourself. Being confident means being comfortable with how you look and how you feel. And it means feeling good about yourself, your abilities and your thoughts.

Sometimes your confidence can go up and down depending on the situation you're in. You might be really outgoing outside of school but be really shy in class. This is completely normal. At school, you're surrounded by lots of different people and it can be difficult to speak up and be yourself.

5 things you can try:

- walk with your head held high
- wear a bright colour or something new
- do something you haven't done before
- eat healthy meals
- exercise regularly

Over the next few weeks, we will share tips and avenues of support to help build confidence and self-esteem. We will also be holding the second in our **Mental Health and Wellbeing webinars** with Jenny Langley, from the Charlie Waller Trust. The session will be about **how to communicate with your child whatever their mood, and to boost their self-esteem & confidence**. More details to follow.

SCHOOL CALENDAR FOR TERM 5, 2022-23

Tuesday 25th April	Open Events for Year 5 students and parents
Wednesday 25th April	Open Events for Year 5 students and parents
Thursday 26th April	Strike Day – Y7-9 at home; Y10-13 in school
	Open Events for Year 5 students and parents
Friday 27th April	Governor Day
Monday 1st May	Bank Holiday – school closed to students and staff
Tuesday 2nd May	Strike Day – Y7-9 at home; Y10-13 in school
Wednesday 3rd May	Year 7 Parent Consultations
Thursday 4th May	Learning & Teaching Governor Committee, 4.30pm
Friday 5th May	Coronation Garden Party
Monday 8th May	Coronation Bank Holiday – school closed to students and staff
Wednesday 10th May	KPS Meeting online at 6pm
Thursday 11th May	Year 13 Celebration Day
	Resources Governor Committee, 4.30pm
Friday 12th May	Year 11 Celebration Day
Monday 15th May	Start of external exams
Friday 19th May	Start of Year 10 exams
Monday 22nd May	Year 8 Buscraft Trip departs
Thursday 25th May	Performance & Review Committee, 4.30pm
Friday 26th May	End of Term 5, 3.25pm

The school calendar for the academic year can be found [here](#). For the Term Dates for 2022-23 and 2023-24 please click [here](#)

NEWS, NOTICES, COMPETITIONS AND EVENTS

STRIKE ACTION

Members of the National Education Union (NEU), one of the trade unions representing the teaching profession, will take strike action on **Thursday 27th April and Tuesday 2nd May 2023**.

The arrangements for both days will be the same as the previous strike days, as follows:

- If your child is in **Years 10-13** they should **attend school** as normal on both days.
- If your child is in **Years 7-9** they should **stay at home** but will be asked to remotely register at 8.25am on both days, attend online classes if these are available and/or complete work that will be set for them. If you are a critical worker, your child may attend school, however, we must be informed of this by emailing admin@kendrick.reading.sch.uk **as soon as possible** so arrangements can be made. As for Profiling Days, vulnerable students are also able to attend school and our Student Welfare Team (SWT) will make contact with the parents of those students as appropriate. Students in receipt on free school meals will receive a voucher as before.

YEAR 7 PARENTS' EVENING – RESCHEDULED TO WEDNESDAY 3RD MAY

The **Year 7 Parents' Consultation Evening** has been rescheduled to **Wednesday 3rd May 2023** and Year 7 parents/carers will receive more information on booking appointments in due course.

BURSARIES AND GRANTS

The deadline for applying for one our bursaries or grants is Friday 19th May 2023. For more information on each bursary or grant please click [here](#).

TEEN PPP PROGRAMME

Parenting at Brighter Futures for Children will be delivering parenting programmes **which start after Easter**. There are still places available on the Teen PPP programme.

Teen PPP programme is for parents whose child is aged between 11-19 years

Starts Tuesday 25 April - Tuesday 27 June 2023 from 9am -12pm for 9 weeks.

The programme supports parents to deal with their teenager's risky behaviours, promotes their teen's development and equip parents with evidenced based strategies to any manage escalating behaviours."

To enquire or book your place, please contact: parenting.reading@brighterfuturesforchildren.org 07812 462799

BERKSHIRE MAESTROS - NEWSLETTER

For the latest Berkshire Maestros' newsletter please click [here](#).

VACANCIES

We have the following vacancies at Kendrick School. Please click on the links for more information on the roles and how to apply and please share with friends and family.

Kendrick School is committed to safeguarding and promoting the welfare of young people and expects all staff and volunteers to share this commitment. Any successful applicant will be required to undertake an Enhanced Disclosure check by the Disclosure & Barring Service. Kendrick School is an Equal Opportunity employer. Please read the information on our Safer Recruitment procedures [here](#).

Part-time [Music Teacher](#) to cover a maternity leave – for end of February 2023 or September 2023 to December 2023. Applications will be dealt with on receipt.

[Exam Invigilators](#) – for the 2023 exam season

PARENTPAY REMINDERS

We would like to bring to your attention the following ParentPay items which are due for payment, please login to your ParentPay accounts for details. Please could you check your child's account and ensure that any overdrafts are paid. Thank you.

Year 10 and Year 11 GCSE English set texts
Year 12 and Year 13 A-Level English set texts
Year 7, 8 and 9 Food and technology contributions
Year 10 and 11 Art and Textiles contributions
Year 9 Duke of Edinburgh Bronze Award
Year 9 and Year 10 French Play - 7th March 2023
Year 9 and Year 10 German Play – 25th April 2023
Year 10 and 11 GCSE Music Anthologies book purchase
KPS department birthday gift - celebrating Kendrick's 145th year
The Poets' Society Anthology - £3 per copy

Trips

GCSE and A level Art visit to Tate galleries Thursday- 2nd February 2023
Year 11 History visit to The Corn Exchange Theatre Newbury -28th February 2023
Geography Field Trip to Hengistbury Head and Hurst Castle Spit - 20th March 2023
Year 12 and Year 13 Classics and Latin students trip – 6th March 2023
Year 12 UCAS Discovery trip – 20th April 2023
Year 8 Bushcraft Residential - May 2023
Year 12 French and History trip - June 2023.

KENDRICK PARENTS' SOCIETY (KPS)

PRELOVED UNIFORM SHOP OPEN THIS SATURDAY, 22ND APRIL



The Pre-loved Uniform shop will be open this Saturday, **22nd April, 9 to 11am in the Conservatory.**
Special Offer to buy one and get one free for skirts and trousers. Payment by cash, card or cheque.

Parking is available in Cedars car park (along London Road, after the dentist, before the pub). Photo for information.

We would like to see you there. KPS Team