



Inspire Bulletin 79 – 7th June 2024



Welcome to the next edition of Inspire! We hope you enjoy reading it!

Words of the week

Ecstatic (adjective): Feeling very happy, full of joy – *My friend won the lottery, she is ecstatic!*

Relinquish (verb): to voluntarily cease to keep or claim; to give up – *The dog relinquished her grip on the chew toy.*

Extra Challenge Word: Moot (Adjective, Verb):

(adj) of a point that is open to argument or debate; (adj) of a point that has become irrelevant; (verb) to put a point forward for discussion

Whether he is good enough to win the match is a moot point. The match has been rained off, so whether he would win has become moot. We have mooted the proposal that we should schedule tennis matches indoors.

Origin: From the Old English mot, 'assembly' or 'meeting'.

Thinking Challenges

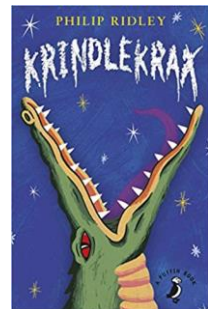
Years 3/4 - What has hands but cannot clap?

Years 5/6 – This starts with a T, ends with a T, and is filled with tea – what is it?

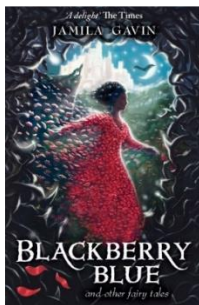


Recommended Reading

Years 3/4 – Krindlekrax by Philip Ridley – There are plenty of weird and wonderful characters who live on Lizard Street. The hero of our story is Ruskin Splinter. But to be honest, Ruskin is a very unlikely hero. Small and thin, with knock-knees, thick glasses, a squeaky voice, no one at Ruskin's school believes he's capable of anything - all except for Ruskin's only friend Corky, the school caretaker. With frizzy hair and thick glasses, nine-year-old Ruskin sets out to prove himself by rescuing Lizard Street from the evil Krindlekrax.



Years 5/6 -



Blackberry Blue by Jamila Gavin - You're never too old to enjoy a fairy tale, and Jamila Gavin gives six familiar European stories a twist in this stunningly illustrated collection. From wicked witches and magical forests to talking animals and heroes triumphing against adversity, all these stories feature characters from different ethnic backgrounds that better represent Europe today. One of our favourite tales, *The Purple Lady*, follows Abu who must rescue his missing sister. These wonderful fables are lovely to read solo or out loud.

Wellbeing

Long Stretch

Close your eyes and be very still. You are going to do an exercise to really feel your muscles stretching and then relaxing. Start with the face. Can you open your eyes wide, and now your nose and mouth? Can you open your ears wide? Stretch your whole face as much as you can. Stretch and stretch, and now relax, relax, relax. Now stretch your neck as far as you can. Stretch, stretch, stretch and relax, relax, relax. And now stretch your back. Feel your whole spine stretching up. Stretch, stretch, stretch and relax, relax, relax. Feel your chest and tummy stretching. Stretch, stretch, stretch and relax, relax, relax. Stretch your arms far away from your body. Feel the muscles in your arms getting longer as you stretch. Stretch, stretch, stretch and relax, relax, relax. Stretch your fingers. How long can you make them? Stretch, stretch, stretch and relax, relax, relax. Now stretch your legs. Stretch, stretch, stretch and relax, relax, relax. And finally your feet. Stretch your toes as far as you can. Stretch, stretch, stretch and relax, relax, relax.

And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes...



Maths

Years 3/4 –

1. If you have two twins, three triplets and four quadruplets, how many people do you have?
2. $670 + 190 =$
3. $9000 - 5000 =$
4. 7.4 divided by 10 =

Years 5/6 –

1. 60% of 4200 people at a concert were women. How many people were women?
2. What are the factors of 64?
3. Write in digits the number that is seven hundred more than two hundred and ninety seven thousand, six hundred and forty two.

Poem of the week

Nature's Song by Shathana (Year 9)

Rabid waves shredded forth,
Opening the ocean's slimy jaw
Hurling tattered memories onto the shore.
Forgotten miseries, all those men,
Buried beneath the stunning Seine.

Foreign words, whispered by the breeze.
Through dense holts and glacial till,
The tumultuous world, now achingly still.
Trees affably sway, above overgrown graves,
Of the ones who before, were to march in parades.

Fauna trampled the poppies, the remnants of war.
Blood of the lost grown by the dew,
Springing from sorrow, something of new,
Melodies hushed by this world that had grown,
The bittersweet song sang 'this is their home'

Inspiring Women

Harmanpreet Kaur Cricket Player

In 2023, Harmanpreet Kaur became the first Indian woman to be named as one of Wisden's five Cricketers of the Year. The captain of the India women's national cricket team is a great scorer both at home and abroad. Last year she led her team to a silver-medal finish at the Commonwealth Games. In domestic cricket, she led her team to win the inaugural Women's Premier League in March.



Thought of the week

"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."
Winston Churchill

We hope you have enjoyed reading this edition of our Inspire bulletin and are always happy to receive any feedback you may have.

ANSWERS

Thinking Challenges

Years 3/4 – A: *the long and short hand on the face of a clock*

Years 5/6 – A: *a teapot*

Maths

Years 3/4 –

1. Two twins are 2 people, three triplets are 3 people, and four quadruplets are 4 people. Therefore $2+3+4=9$
2. 860
3. 4000
4. 0.74

Years 5/6 -

1. 2520
- 50% of 4200 = 2100
- 10% of 4200 = 420
- $2100 + 420 = 2520$
2. 1, 2, 4, 8, 16, 32, 64
3. 298 342 (297 642 + 700)