Waste by Mayuri, Year 10

Every year I count the days I have spent sick tired

Or bored

Can I truly count those days as "spent"
For there is no way to get them back
To return and do them better But
I cannot say for certain that I have spent them
doing anything that is worth the waste
of the sunlight as it passes from horizon to horizon

And every week I spend hours counting the hours I have spent

Numb

Anxious

Or in mindless

Baseless

Frustration

Can I truly count those hours as "spent" For I did not get back the energy I gave to wallowing in a pit of my own apathy or drowning in a lake whose waters fill my lungs with needless emotion but are these moments unworthy of the precious time poured into them purely because they were done in Vain

And if,
every day,
I were to count the moments I have spent
with a wondering imagination or
in a ditzy daydream
then I would lose count.
and I would truly count those fleeting seconds "spent"
for sometimes things are a waste of sunlight,
of time, or maybe of both
but perhaps the time counting and obsessing over
every moment not spent wisely
is the time that I am truly
Wasting