Kendrick School - Weekly Update Friday 21st March 2025

LETTER FROM MS KATTIRTZI, HEADTEACHER

My message to you today is a tribute to Isabella Rose Fordham, a Kendrick student, whose funeral Mrs Hearn and I attended today.

Isabella Rose (30th June 2006 - 31st January 2025) was a student at Kendrick School from September 2017 until July 2024. Isabella Rose completed her GCSEs in 2022 and her A Levels in 2024. In September 2024, Isabella Rose went to university to study Marketing. Isabella Rose was a talented artist and a most creative individual. She excelled in her subjects and had a bright and promising future ahead of her. Isabella Rose died far too young, unable to fulfil her dreams and ambitions.

As a school we expressed our deep sadness and sorrow in a Book of Condolence in which many members of our school community were able to write messages to Isabella Rose and her family. At the funeral today, I placed the book of condolence on the Memory Table which was laden with flowers, photos and paintings done by her friends, all tributes and acknowledgements to Isabella Rose. Many of Isabella Rose's friends from Kendrick, who had travelled from their university locations all over the country, were at the funeral, a testament to their love for Isabella Rose. There were also many university friends, family friends and Isabella Rose's family, all gathered in grief and sadness. Mrs Fordham was hugely touched by our attendance and appreciated the book of condolence and the beautiful school photographer we took of Isabella Rose at the start of Year 12. She thanked us for what we had done to remember and honour her daughter and the happy time she had at our school.

I have chosen to end this week's message with a poem called Remember by Christina Rossetti.

Remember

Remember me when I am gone away, Gone far away into the silent land; When you can no more hold me by the hand, Nor I half turn to go yet turning stay.

Remember me when no more day by day You tell me of our future that you planned: Only remember me; you understand It will be late to counsel then or pray.

Yet if you should forget me for a while And afterwards remember, do not grieve: For if the darkness and corruption leave A vestige of the thoughts that I once had, Better by far you should forget and smile Than that you should remember and be sad.

Let us hold Isabella Rose in our hearts and in our prayers this weekend.

Ms Christine Kattirtzi Headteacher

KENDRICK SCHOOL'S SOCIAL MEDIA PLATFORMS

Kendrick School has several social media platforms and sites. Please follow us to get the latest news and information about the school. The links are in the logos below.











SAFEGUARDING/WELLBEING

WORRIED ABOUT A CHILD?

If you have a concern about a child at Kendrick School, please email studentwelfare@kendrick.reading.sch.uk or telephone 0118 9015859 and ask to speak to the Designated Safeguarding Leads, Mr Simmonds, or a Deputy Safeguarding Lead.

If you're worried about any child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on 0808 800 5000 or contact NSPCC online. Children can contact Childline any time to get support themselves. In an emergency please call 999 or for a non-emergency call 101.

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this link. We add to these on a regular basis.

<u>CAMHS Resources</u> - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

SAFEGUARDING

BEING A GOOD DIGITAL ROLE MODEL source: NSPCC Children and young people get lots of messages about online safety in school and at home. They can feel confused if the adults around them don't seem to be following the advice they're giving.

Your children look to you for guidance and there are lots of things you can do to set a good example.

KEEPING PASSWORDS SAFE Make sure you aren't sharing passwords or writing them down where others can find them. Talk with your child to remind them that passwords are private and shouldn't be shared.

TURNING NOTIFICATIONS OFF SOMETIMES It can be good for all of us to have a break, so set an example and use device settings to turn off notifications sometimes.

TALKING ABOUT THINGS YOU READ ONLINE There has been a huge rise in fake and false information shared online. So, it's helpful to talk to your children about what you have seen (if it's appropriate to do so) and why you have questioned it. This helps them to develop critical thinking skills.

THINKING ABOUT WHAT YOU ARE SHARING We tell children to be careful about the pictures they share online, such as in their school uniforms. But at the start of every school year, many parents do this. It can be confusing for your child, but also an opportunity to discuss how you are doing this safely, such as by sharing but using privacy settings.

Modelling good behaviour includes asking for your children's permission first and not over-sharing. You could show them the image you want to share, assure them you are only sharing with family and that you have privacy settings in place. If they say they don't want that image shared, then it's best to respect their feelings

MENTAL HEALTH AND WELLBEING

DEVELOPING A BALANCE SENSE OF LIFE SOURCE: ANNA FREUD This sounds quite tricky — but it's not as complicated as it sounds! Rather than setting your expectations sky high and working towards perfection, this is about realising that there is no such thing as 'the perfect person' and that we all have different strengths and weaknesses. Society puts a lot of pressure on people, especially young people, and sometimes that leads us to forget about the little things that make us unique, because we're so busy trying to meet someone else's standards.

You could try making a list of things you like about yourself, and asking your friends to help if you get stuck. Some people find that it helps to say kind, positive things to themselves in the mirror in the mornings before they leave the house. You can also find information on improving self-esteem on the NHS website.

If you struggle with your mental health or have a mental health diagnosis, you might find it useful to remember that there is lots more to you than that, and that your personality and individual qualities are different to your moods or behaviours:

'My mental health is not me, it's just a part of me. At the end of the day, a diagnosis is just a sheet of paper. It doesn't define me or mean that everything I do is because of that.'

In this <u>video</u> created for our #MoreThanMyMH campaign, Young Champion Amy contrasts some of the ways people may have perceived with the positive qualities she would prefer to be seen as.

MENTAL HEALTH COFFEE MORNINGS IN READING SCHOOLS

Come and learn about mental health in a relaxed and informal setting. Understand how mental health might affect your child and learn practical tools to help you support your child through any mental health difficulties they may experience, whether short or long-term. These informal coffee mornings are run by Amanda Mavunga,

Reading MHST CAMHS Senior Clinician at BFfC. Amanda will deliver a presentation followed by an opportunity to ask questions. You can attend any session, even if your child does not attend the hosting school.

DATE/TIME	SUBJECT	SCHOOL
8 May 2025, 1-3pm	Managing behaviour	Park Lane Primary School
12 May 2025, 9.15- 11.15am	Autism and anxiety	Whitley Park Primary and Nursery School
	Half term	
16 June 2025, 1-3pm	Self harm	Whitley Park Primary and Nursery School
19 June 2025, 1-3pm	Phobias	Caversham Park Primary School
26 June 2025, 9.15- 11.15am	Transition	Park Lane Primary School
4 July 2025, 9.15- 11.15am	Understanding Berkshire CAMHS and neurodiversity service processes	Churchend Primary Academy
9 July 2025, 1-3pm	Transition	Caversham Park Primary School
14 July 2025, 1-3pm	Support with growing up, mood and hormone changes	Park Lane Primary School

KENDRICK SCHOOL WELLBEING

For all our wellbeing information please click here.

SCHOOL CALENDAR FOR TERM 4, 2024-25

Tuesday 25th March Profiling Day

Wednesday 26th March A Level Biology trip to Oxford

Friday 28th March Trustee Day

Year 11 English trip to London - The Shakespeare Globe

Tuesday 1st April Spring Concert

KPS Sixth Form Online Drop In with Ms Kattirtzi

Wednesday 2nd April Year 13 Celebration Day Thursday 3rd April Year 11 Celebration Day

Year 7 KPS Disco

Friday 4th **April** End of Term 4. 3.15pm **Tuesday 22**nd **April** Start of Term 5, 8.25am

Term dates for 2024/25 and 2025/26 can be found here. Please check these carefully before booking holidays and trips.

NEWS, NOTICES, COMPETITIONS AND EVENTS

PROFILING DAY – TUESDAY 25TH **MARCH 2025** As part of our programme of assessment and reporting the students receive an interim profiling interview with their Form Tutor or another teacher. This year's session of profiling will take place on Tuesday 25th March 2025.

Year 7, 8 and 11 Years 7, 8 and 11 students are asked to stay at home and will have a remote profiling interview. This day should be regarded as a school day and students are expected to register at 8.25am remotely and complete the work set. Teachers who normally teach on that day will set work according to the timetable.

The Form Tutor will let the students know when their Profiling time will be and will send a Google Meet invitation. The students will need to make sure that they are connected to the Google Meet on time as to not delay the rest of the students. These appointments are for the student to meet with their tutor, and should be a 1-to-1 conversation. Please ensure students have the opportunity to speak openly by providing them a private space for this wherever possible. Students should be appropriately dressed and have their cameras on and backgrounds blurred.

Year 9 & 10 Year 9 and 10 students are asked to come into school for the full day as normal. They will spend half of the day on Work Related Learning activities and the other half of the day on other activities. The tutor will let the students know when and where their profiling is due to take place. This day should be regarded as a normal school day and students should wear correct uniform and bring their pencil case and a reading book.

The canteen will be open for lunch from 11.30am - 12.10pm.

Please note that the Library will close at 3.15pm and students should not be on the school site after 3.15pm that day.

WHITLEY FOOD BANK The Food Bank is collecting again for two weeks in the run up to Easter. They have requested the following items if possible as these things will be very useful over the Easter holidays: some Easter treats (like eggs!) for the children and other items that maybe useful- cooking oil, toilet roll, washing up liquid, toiletries and sanitary products, washing detergent, pasta sauces, part baked bread, squash, cereals, snacks.

Please remember that donations through ParentPay are also greatly appreciated.

NO.5 SCHOOL TRANSITIONS PROJECT No5 are running a free 4-day School Transitions project this Easter Half-Term, in partnership with local musicians, composers, actors and drama practitioners, to support young people in Years 6-10 who may be struggling with school, or feeling nervous about moving up to a different year group.

There will also be a follow-up week in the Summer Holidays ($11^{th} - 15^{th}$ August), which young people will be invited back to attend.

Young people will have the opportunity to use performing arts, drama, drums, music, and storytelling throughout the week, and will be supported by 2 No5 counsellors alongside the delivery team.

Free lunch will be provided every day and school uniform does not need to be worn.

The workshops aim to:

- 1. Improve confidence and self-esteem
- 2. Improve communication
- 3. Build and maintain healthy and positive relationships
- 4. Understand consequences and being equipped to make better choices
- 5. Better self-understanding and understanding of emotions

When: Monday 14th April – Thursday 17th April **Time:** 10:00am to 3:00pm **Where:** All workshops will be held away from No5's building, at The Abbey Junior School, 30 Christchurch Rd, Reading RG2 7AR (what3words ///makes.these.feel)

If you/ a young person is interested in the School Transitions Workshops, please email No5 via projects@no5.org.uk for a registration form.

Young people, their parents or the school contact can email projects@no5.org.uk with any questions and to register.

CAREERS GUIDANCE AND EVENTS

Please note that whilst we are happy to share these opportunities with you, we are unable to endorse or recommend them.

KPMG VIRTUAL EXPERIENCE DAY: MONDAY 14TH APRIL 10-3PM (IN THE HOLIDAYS)

Learn about KPMG's early career pathways. Take part in interactive sessions and real-world business case studies. Gain insights into careers in professional services. Hear from current apprentices and senior professionals about their experiences at KPMG

https://www.surveymonkey.com/r/KPMG-Virtual

INTERNATIONAL LAW FIRM UNDERGRADUATE BURSARY PROGRAMME

If you are in Year 13 and hold an offer to study law at a UK university, you could be eligible to apply for Sidley's Undergraduate Bursary programme!

As part of our commitment to increasing diversity at Sidley and within the legal profession, we are proud to introduce our bursary programme to support talented law students from less advantaged backgrounds.

What the bursary offers:

✓ Financial support throughout your undergraduate law degree

- Guaranteed work experience at Sidley
- ✓ Mentoring opportunities from legal professionals
- ✓ A chance to focus on your studies without financial concerns

Applications will open on 24 March 2025 and will close on 17 May 2025

EASTER STEM WORK EXPERIENCE WITH SPECTRIS PLC

Wednesday, 16th of April from 9am - 3pm

Registration Link: https://www.surveymonkey.com/r/Spectris-Easter

VACANCIES

We have the following vacancies at Kendrick School. More information on each of the roles can be found by clicking on the roles below. Please pass on this information to family and friends.

Chemistry Teacher for September 2025. Deadline for applications 9am Monday 24th March 2025

<u>Science Teacher for Terms 5&6</u>. 0.5 FTE. Short term contract. Deadline for applications 9am Monday 24th March 2025

<u>Physics Teacher</u> for September 2025 to cover a maternity leave for a year. Deadline for applications 9am Monday 24th March 2025

<u>Governance Officer</u>. To join in April 2025. 200 hours over the academic year. To be worked flexibly in school and at home although applicants must be able to attend pre-arranged meetings which take place after school, remotely or face to face. Deadline for applications 9am Monday 7th March 2025.

Kendrick School is committed to safeguarding and promoting the welfare of young people and expects all staff and volunteers to share this commitment. Any successful applicant will be required to undertake an Enhanced Disclosure check by the Disclosure & Barring Service. Kendrick School is an Equal Opportunity employer.

PARENTPAY AND EVOLVE REMINDERS

We would like to bring to your attention the following ParentPay items, please login to your ParentPay accounts for details. Thank you for your continued support.

PARENTPAY

School fund Donation
Whitley Community Food Cupboard – cash donations
Year 10 and 11 GCSE English set text contributions
Year 12 and 13 A level English set text contributions
Year 10 2025 MFL trip to France or Germany instalments
KPS Own Clothes Day – 27th February 2025

EVOLVEPAY

Payment can be made via trip payment emails or a myEVOLVE account if you have set this up. Year 12 and Year 13 French BFI visit – February 2025

Year 13 Spanish BFI visit – February 2025 Year 11 English Macbeth trip – March 2025 Year 8 Bushcraft -May 2025 Year 12 Hengistbury Head – March 2025 Year 12 Work Experience June 2025

EVOLVESHOP

Purchase can be made via payment links or a myEVOLVE account if you have set this up GCSE Drama set text (The Crucible, Arthur Miller)
Year 9 and Year 10 French and German plays
Air Ambulance Concert- Wednesday 12th March 2025

KENDRICK PARENTS' SOCIETY (KPS)

YEAR 7 DISCO - HAPPENING SOON

The date for the Year 7 Disco has been finalised now and it's Thursday 3rd April. The KPS team is working hard to set things up and details will be released this weekend. Be ready to book the tickets and we are looking forward to make this event memorable for students of both schools.

DROP-IN SESSIONS WITH MS KATTIRTZI

Last one of this year's drop-in sessions is on 6th Form and it's with Ms Kattirtzi and Mrs Hearn. Kindly make use of this opportunity.

Year Group: 6th form (Year 12 and Year 13) with Ms Kattirtzi and Mrs Hearn

Date: Tuesday 1st April **Time:** 5:30 pm to 6:30 pm

Google meeting link: Video call link will be sent to you by email.

Or dial: (US) +1 225-629-1230 PIN: 833 382 714#

The protocols for the sessions will be explained before the meeting starts.

KPS SPRING RAFFLE

Preparations underway for this year **Spring Raffle** and we want to make it a huge success. This year, **fund raising** will be to support **Music Department enhancements** which will benefit students directly.

We need your support in getting some more amazing prizes and if anyone can and know others who can donate something – big or small – it would be really helpful. You can email kpsraffle@kendrick.reading.sch.uk or kpschair@kendrick.reading.sch.uk.

KPS COMMITTEE MEETING

Last meeting was held on **Tuesday**, **18**th **March** and thanks for those participated. Minutes of the meeting will be circulated in the coming days.

VOLUNTEERING OPPORTUNITIES AT KPS

KPS Events and Refreshments Volunteers

As you are aware, we run many events and support school activities like music or drama performances during the year. We need volunteers to help these events even if for few hours. To join our team of enthusiastic and dedicated volunteers, please join the WhatsApp group using this link: KPS Events and Refreshment Volunteers

Pre-loved Uniform Shop Volunteers

Are you available on Saturday mornings? We're looking for volunteers to help run our pre-loved uniform shop. This initiative not only helps raise funds for the school but also supports environmental sustainability by reusing



uniforms. It's a fantastic way to provide great value to parents while ensuring students have access to quality uniforms at reduced prices. Join our team by clicking on this WhatsApp group link: Kendrick Uniform Shop
Volunteers Group

JOIN KPS Since KPS operates as a registered charity, we invite you to become a part of our community by joining us. Connecting with your daughter's school through KPS is a simple process.

Please take a moment to complete our <u>online membership form</u> making your involvement seamless and effortless. Your participation is highly valued, and we look forward to welcoming you to the KPS family.

KPS FACEBOOK CLOSED GROUP KPS runs a closed Facebook group where we provide details of upcoming events and other important information. To join this group, search for the "Kendrick Parents' Society" group (https://www.facebook.com/groups/1514675551882470/) and ask to join – once we have confirmed that you are a member of the KPS, we will approve your request.

KPS Team